

Good **EQ** (Emotional Intelligence) -- self-awareness and managing one's own emotions and reading and responding well to the emotions of others -- is the hallmark of successful leaders in the corporate, political, not-for-profit and social realms.

EQ has a strong impact on individual, team and leadership interactions. Developing better EQ will serve to positively improve relationships and results, as well as performance, in each of these areas.

RightPath® Emotional Intelligence (EQ) is an interactive half-day curriculum that serves to improve understanding of this little-known key to success. Participants learn the basics of emotional intelligence and the critical role it plays in personal, leadership and organizational success. They learn how to measure and develop their emotional intelligence for greater success.



“Emotional Intelligence (EQ) is the ability to integrate thinking and feeling to make optimal decisions.” - *Joshua Freedman, At The Heart of Leadership: How to Get Results With Emotional Intelligence*

Benefits

- Develop a working understanding of Emotional Intelligence (EQ) and its impact on organizational and personal success
- Evaluate the effects of good and poor EQ on leadership, relationships, results and performance
- Discover the links between behavioral factors and EQ tendencies
- Implement strategies to improve personal Emotional Intelligence
- Eliminate barriers to productivity by improving emotional intelligence
- Increase self-awareness of EQ strengths and struggles while offering a clear path for improvement
- Identify EQ strengths and struggles within your team and leverage that knowledge for improved relationships and results
- Understand team and organizational EQ and how it relates to overall effectiveness
- Reduce turnover by investing in EQ development for managers and leaders at all levels

Audience

RightPath Emotional Intelligence is a *half-day session* appropriate for individuals at all levels of the organization. Session sizes from 8 to 25 people work best.

Getting Started

- Assessments:** Participants will complete RightPath Path 4/6 behavioral profiles and ideally the Leadership 360°
- Timing:** Assessments should be completed one week prior to the session date.
- Facilitation:** Half-day facilitation is customized to meet organizational objectives
- Materials:** Participants receive RightPath® EQ Guide materials, Path4/6 reports and L360 report, if utilized